

Applicant: Barak, Yahoshua  
Application No.: 10/594,170  
Examiner: Kavanaugh

In the Claims:

Claim 1 (Currently Amended). A method for creating an adapted insole for preventing skin starching stretching of the a foot at the a metatarsal heads area, said method comprised of:

creating a cast of the foot in a plasters plaster;

creating a specially designed insert, wherein said insert covers the area of the five metatarsal heads area of the a forefoot, thus creating enough space for the foot to complete a step with significantly reduced bending of the foot e area of the five metatarsal heads area of the forefoot; and

creating an orthopedic insole from the eastng cast, wherein said insole structure include includes the specially designed insert[[;]].

Claim 2 (Original). The method of claim 1 wherein the specially designed insert has a size is between 3 mm and 35 mm.

Claim 3 (Currently Amended). The method of claim 1 wherein insoles are said orthopedic insole is adapted to fit a personal foot structure of an individual person creating based on a special cast for each made from the individual person.

Claim 4 (Currently Amended). The method of claim 1 wherein insoles are said orthopedic insole is adapted to fit a given one of a plurality of standard shoe sizes, with different said specially designed insert having a given size selected from a plurality of sizes option are available in each of said standard show shoe size sizes.

Claim 5 (Currently Amended). An adapted insole for preventing skin starching stretching of the a foot at the a metatarsal heads area, comprising:

wherein said insole structure includes a specially designed insert, wherein said insert covers the area of the five metatarsal heads area of the a forefoot, thus creating enough space for the foot to complete a step with significantly reduced bending of the foot the area of the five metatarsal heads area of the forefoot; and

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an orthopedic insole having been created from a cast of the foot in plaster, said orthopedic insole including said specially designed insert.

Claim 6 (Currently Amended). The adapted insole of according to claim [[3]] 5, wherein the specially designed insert has a size is between 3 mm and 35 mm.

Claim 7 (Currently Amended). The system of claim 1 adapted insole according to claim 5, wherein insoles are the adapted insole is adapted to fit a personal foot structure of an individual person creating a special cast for each individual from whom said cast had been made.

Claim 8 (Currently Amended). The system of claim 1 adapted insole according to claim 5, wherein insoles are the adapted insole is adapted to fit a given size selected from a plurality of standard shoe sizes, with and wherein said specially designed insert is one give size selected from a plurality of different insert sizes option are available in each of said plurality of standard show shoe size sizes.